Welcome to the BC Farmers’ Market Trail!

Wherever you are in the province, the BC Farmers’ Market Trail is your quick route to fresh, local, in-season food and artisan goods directly from the people who produce them.

The BC Farmers’ Market Trail showcases 145+ authentic BCAFM member farmers’ markets across the province. Each of these markets, both Northern BC and the Thompson Okanagan region is a reflection of its location, offering unique products from birch syrup and harvested greens, flavourful preserves, heritage and modern vegetables, and much more.

Explore diverse regions across BC, and learn about the passionate growers, makers and bakers you’ll find at farmers’ markets along the Trail!

Invest in local people & communities
By shopping at the farmers’ market, you directly support farmers and other small local businesses. Every dollar goes to local producers, and strengthens the local economy. By purchasing fresh, local products, you are also supporting BC’s food trails for future generations.

Visit BCFarmersMarketTrail.com for additional details and contact info for each farmers’ market.

Why BC Farmers’ Markets?
Fresh, direct, always in season
Meet the people who grow your food – BC farmers’ markets are your best source for fresh, direct from local farmers. Find the freshest fruits and vegetables, locally raised meat and eggs, artisanal cheese, preserves and honey, craft beer, wine and spirits, savoury treats, handmade artisan goods, and more!

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Shining, vibrant communities rooted in farming and working together to provide their communities with fresh local food.

The geographic heart of the province, this region spans from the west coast to the historic Gold Rush region. With endless farmlands, rugged wilderness and coastal, farmers’ markets serve as vibrant community hubs, showcasing the passion and hard work of local farmers, ranchers and entrepreneurs.

Renowned for its rolling grasslands, arid canyons and an interior landscape, this region offers a rich mix of cattle, sheep and other animal agriculture. Known for its fresh, local produce, cheese and world famous cherries!

With an unforgettable location, this coastal city in the lower mainland is BC’s world famous tourist destination. Slumbering scarpie, city skyline, with an exciting mix of culture, arts and communities, neighbourhood farmers’ markets in the city of Vancouver are popular destinations.

Both visitors and locals can experience all the goods of a truly global metropolis city, balanced by an incredible natural setting and a diverse, deep cultural history.

Located in the lower mainland, just beyond Metro Vancouver, the Fraser Valley is home to fertile farmlands nestled in the dramatic landscape of the Fraser River. The river and surrounding valley are a rich source of food, as well as natural beauty.

Outside the cities of Mission, Abbotsford, and Chilliwack, the region is mostly rural and is primarily a place for farming, forestry, and outdoor activities. The valley and river in particular have been an important part of trade, transportation, and trade for centuries of Indigenous people.

From fresh locally produced fruits and vegetables, to craft wine and beer, farmers’ markets in the Fraser Valley region are a source of nourishment for body and soul.

BC Farmers’ Market Trail is a community-based organization that connects farmers and their products to consumers and the wider community. By supporting local farmers, we are building healthy communities, supporting local economies, and promoting sustainable food systems.

LEARN MORE AT
BCFarmersMarketTrail.com
WITH SUPPORT FROM
Association of Farmers’ Markets (BCAFM)
BCAFM is also proud to deliver the BC Farmers’ Market Nutrition Coupon Program making fresh, healthy, local food accessible to those in need.

For more information about the BC Farmers’ Market Trail, please visit BCFarmersMarketTrail.com.
Visit BCFarmersMarketTrail.com for additional details and contact info for each farmers’ market.
DISCOVER 145+
Farmers’ Markets
ACROSS BC
Welcome to the BC Farmers’ Market Trail!

Wherever you are in the province, the BC Farmers’ Market Trail is your quickest route to fresh, local, in-season food and artisan goods directly from the people who produce them.

The BC Farmers’ Market Trail showcases 145+ authentic BCAFM member farmers’ markets across the province. Each of these markets, both in-person and online, are a place for vendors who grow, make, bake or raise the products they sell.

Explore diverse regions across BC, and learn about the passionate growers, makers and bakers you’ll find at farmers’ markets along the Trail!

BCAFM acknowledges that we and our members largely operate on unceded and ancestral Indigenous territories across the land now known as British Columbia. Visit www.whose.land to learn which territory your local farmers’ market is located on.
Why BC Farmers’ Markets?

Fresh, direct, always in season
Meet the people who grow your food – BC farmers’ markets are your best source for fresh food, direct from local farmers. Find the freshest fruits and vegetables, locally raised meat and eggs, artisanal cheese, preserves and honey, craft beer, wine and spirits, savoury treats, handmade artisan goods, and more!

Invest in local people & communities
By shopping at the farmers’ market, you directly support farmers and other small local businesses. Every dollar goes to local producers, and strengthens the local economy. By purchasing direct from farmers, you are also sustaining BC’s foodlands for future generations.

Visit BCFarmersMarketTrail.com for additional details and contact info for each farmers’ market.
Strong, vibrant communities rooted in farming and working together to provide their communities with fresh local food.

The geographic heart of the province, this region spans from the west coast to the historic Gold Rush region. With endless foodlands, rugged wilderness and coastline, farmers’ markets serve as vibrant community hubs, showcasing the passions and livelihoods of local farmers, ranchers and entrepreneurs.

Renowned for its rolling grasslands, arid canyons and an inland rainforest, this region offers one-of-a-kind pasture-raised meats, craft beer, locally grown hops, birch syrup and the freshest veggies. Visit one of the regional farmers’ markets and you will also find fresh baked bread, regional wines, honey, artisan crafts and more.

CARIBOO CHILCOTIN COAST

1. South Cariboo Farmers’ Market
2. Lillooet Farmers’ Market
3. Two Rivers Farmers’ Market
4. McLeese Lake Farmers’ Market
5. Quesnel Farmers’ Market
6. Cariboo Direct Farm Market in Williams Lake
With an unbeatable location, this coastal city in the lower mainland of BC is a world renowned tourist destination. Stunning scenery, city skyline, with an eclectic mix of cultures, cuisines, and communities, neighbourhood farmers’ markets in the City of Vancouver are popular destinations.

Both visitors and locals can experience all the gems of a truly global metropolitan city, balanced by an incredible natural setting and a diverse, deep cultural history.

CITY OF VANCOUVER

Downtown Farmers Market
False Creek Farmers Market
Hastings Park Winter Farmers’ Market
Kitsilano Farmers’ Market
Mount Pleasant Farmers’ Market
Riley Park Farmers’ Market
Riley Park Farmers’ Market – Winter
Trout Lake Farmers’ Market (East Van)
UBC Farm Saturday Farmers’ Market
West End Farmers’ Market
Located in the lower mainland, just beyond Metro Vancouver, the Fraser Valley is home to fertile foodlands nestled in the dramatic landscape of the Fraser River. The river and surrounding valley are a rich source of food, as well as natural beauty.

Outside the cities of Mission, Abbotsford, and Chilliwack, the region is mostly rural and is primarily a place for farming, forestry, and outdoor activities. The valley and river in particular have been an important part of trade, transportation, and food for centuries of Indigenous people.

From fresh locally produced fruits and vegetables, to craft wine and beer, farmers’ markets in the Fraser Valley region are a source of nourishment for body and soul.
The southeastern corner of BC is renowned for its orchards, pasture and farmland—it’s a hub for fresh local food and farming.

The Kootenay Rockies Columbia Basin boasts farmers’ markets with fruits and veggies harvested at the peak of deliciousness. Find orchard fruits, berries, fresh veggies, locally raised meat, artisanal cheese and world famous cherries!

The region is also known for its wild natural beauty and an array of outdoor adventures. The Rockies, Purcell, Selkirk and Monashee mountain ranges offer world-class hiking, wildlife viewing, hot springs, biking, climbing, river rafting and more.
Metro Vancouver is the largest urban region in BC and made up of dozens of different municipalities and First Nations communities. Nearly 2.5 million people live, work, and play here. Bound by the coastal mountain range, the communities that make up Metro Vancouver bring together a diverse range of people, cultures with rich, locally produced goods that can be found at a great selection of regional farmers’ markets.

From Burnaby, Surrey, and Richmond to New Westminster, Port Moody, and Coquitlam to Ladner, Langley, White Rock and beyond, different communities and people are what give the sprawling region its unique charm. A mix of ethnic backgrounds and cuisines, local histories, along with modern urban centres bring the multicultural mosaic to life in Metro Vancouver.
From misty Haida Gwaii, to the Skeena River, volcanic valleys, glacial lakes and snowy mountains—enjoy the view of each market you visit.

Each farmers’ market is a reflection of its location, offering unique products from birch syrup and haskap berries, to candied salmon, and wild mushrooms. Visit regional farmers’ markets, and while you’re there, fill up your bag with freshly harvested greens, flavourful preserves, heritage grains, and fresh baked bread.

This vast region of Northern British Columbia extends up to the Yukon/Alaska border with sweeping glaciated valleys, volcanic rock formations, towering mountain ranges and mist-shrouded coast. Northern BC is also home to the ancient Great Bear Rainforest, and the Haida Gwaii archipelago.

NORTHERN BC

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Photo by: Troy Moth
Photo by: Michaela Parks
The Sea to Sky region takes residents and visitors from oceanside to the tops of mountains. Following the Sea to Sky highway, the journey starts at sea level in Horseshoe Bay towards Howe Sound through majestic mountains to Squamish, Whistler and Pemberton Valley.

With a long cultural history of First Nations in the area, preserved raw nature in an abundance of provincial parks, and a local economy built on logging, mining, ranching, and farming, ‘Sea to Sky Country’ offers a glimpse into the past and present, and a taste of supernatural British Columbia at several regional farmers’ markets.
Decade old farmers’ & artisan markets enrich the culture of this sunny mainland coastline.

Pick up some garden-fresh produce and locally raised meats from seaside farms, and take home treasures forged, sculpted, carved or painted from the largest community of artists in the province.

Tucked into the southwest corner of mainland British Columbia, the Sunshine Coast is a 180 km stretch of paradise and has all the laid-back charm of island living. Here, the mossy rainforest drops from a sculpted shoreline into the Strait of Georgia, and winds itself northward beneath the Coast Mountains from Howe Sound to Desolation Sound. The region offers a wide-range of year-round activities such as sea kayaking, mountain biking, snowshoeing, cross country skiing, hiking, scuba diving, fresh and saltwater fishing.
With mountains, lakes, a desert, and rolling hills full of vineyards and orchards and abundant foodlands, the Thompson Okanagan region is a dream destination for food and nature lovers alike. The region spans from the Canadian Rockies to Canada's only desert near Osoyoos on the southernmost edge of the Okanagan, through the lake-filled regions of the Nicola Valley and Shuswap. In between are vast grasslands, large waterfalls, and sprawling valleys full of fresh fruits, vegetables, wineries, and breweries.

The region is known and loved for its culinary and outdoor vistas, with plenty of all season activities for outdoor lovers and world class wine produced in the Okanagan Valley.
Enjoy fresh foods from the land and Salish Sea with an ocean breeze at your back.

Ease into island time and enjoy the abundance of food and drink made possible by the mild climate across this region. Nearly every community here has a farmers’ market, many are open year-round, letting you eat with the seasons all year long. Find ultra local fruit, veggies, fresh dairy, mushrooms, and honey as well as wine, cider and mead at one of the dozens of farmers’ markets in this region. Shop for fresh foods from the hundreds of local vendors.
The BC Farmers’ Market Trail is the definitive guide to 145+ authentic community farmers’ markets where you can experience fresh, unique, local and seasonal flavours. Connect with growers, makers and bakers in each community. BC Association of Farmers’ Markets (BCAFM) leads this initiative while supporting and promoting member farmers’ markets across the province so local food thrives.

BCAFM is also proud to deliver the BC Farmers’ Market Nutrition Coupon Program making fresh, healthy, local food accessible to families and seniors across BC. To find a participating farmers’ market and learn more about BCAFM please visit bcfarmersmarket.org